

Here are some videos I've made quickly just to help out. Since I'm a complete newbie at this, I'm open to suggestions/advice for improvements.

You're welcome to pass the link to this page to other people, but please don't post the videos anywhere. Thanks!

Things are changing as I go. I now make two videos per dance, one with the teach, the other with a 1-wall review and then music with cuing. See the yellow box below if you want to slow the music down.

There is also a link to Copperknob for each dance, where you can find the stepsheets, music and more videos.

The levels referred to are the classes I was teaching at the Kanata Seniors' Centre

Level 1 was Absolute Beginner to Beginner

Level 2 was Continuing Beginner to Improver

Level 3 was Improver to Easy Intermediate

There is now a Quick Content Guide at the end of this document, so you can quickly see what's been added.

Before the Quick Content Guide are links to thorough teaches by other people of dances we've done.

How to slow down videos using the YouTube settings

Having just learned about this option, I'm going to stop making slowed-down versions of dances.

For instructions with pictures of how to do this, use this link:

http://web.ncf.ca/fq119/LineDancing/Howto_slow_YouTube_video.pdf

BASIC STEPS INSTRUCTION VIDEOS

Starting right from scratch, for the total beginner, these videos work through the common line dance steps.

Basic Steps 1: walks forward and back, touches, holds, charleston, k-step, switches

<https://www.youtube.com/watch?v=zmbLmJB4LDA>

Basic Steps 2: jazz box (+ with 1/4 turn), hip bumps, toe/heel struts

<https://www.youtube.com/watch?v=Qe8wG-s89w8>

Basic Steps 3: moving to side: basic, vine (+ with 1/4 turn)

<https://www.youtube.com/watch?v=JuV2Ydt269g>

Basic Steps 4: rocks, rocking chair, mambo, nightclub

<https://www.youtube.com/watch?v=XAQ-54dmnyk>

Basic Steps 5: triples: shuffle, lindy

<https://www.youtube.com/watch?v=bFvCUvoF8AM>

Basic Steps 6: turns: pivot 1/4 & 1/2, pivot 1/4 cross, chase

https://www.youtube.com/watch?v=2sITa54x_kQ

Basic Steps 7: waltz steps: basic, twinkle, weave, balance, point, waltz with 1/4 turn

<https://www.youtube.com/watch?v=sESxfU752-s>

Basic Steps 8: coaster step, rumba box

<https://www.youtube.com/watch?v=gOcMjvMuxOw>

To learn a Monterey 1/4 turn, see the Gin & Tonic teach

To learn a shuffle 1/2 turn, see the You Look Good teach

TAUGHT IN LEVEL 1 AND TO USE WITH BASIC STEP INSTRUCTION VIDEOS

The Continental – choreographer unknown (Absolute Beginner) (after Basics 1)

Teach <https://www.youtube.com/watch?v=0xXCpLppZBM&feature=youtu.be>

Dancing <https://www.youtube.com/watch?v=F8X0ygGEqDI&feature=youtu.be>

Music @97%

Copperknob <https://www.copperknob.co.uk/stepsheets/the-continental-ID59889.aspx>

Ah Si! - choreographed by Rita Masur (Absolute Beginner) (after Basics 1,2)

Teach <https://www.youtube.com/watch?v=9ZwHaboZ3FM>

Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=yQ9zSnLYLdM>
Copperknob <https://www.copperknob.co.uk/stepsheets/ah-si-ID65862.aspx>

Mamma Maria – choreographed by Frank Trace (Absolute Beginner) (after Basics 1,3)
Teach <https://www.youtube.com/watch?v=fkEWDYfPJH4>
Dance with 1 wall walk-through
<https://www.youtube.com/watch?v=6PYL3iHf7T4>
Copperknob <https://www.copperknob.co.uk/stepsheets/mamma-maria-ID77629.aspx>

Itsy Bitsy Spider – choreographed by John Dembiec (Absolute Beginner) (after Basics 1,3)
Teach <https://www.youtube.com/watch?v=L1Mic-ixOjw>
Dance with 1 wall walk-through
https://www.youtube.com/watch?v=vXh5_-jew0E
Copperknob <https://www.copperknob.co.uk/stepsheets/itsy-bitsy-spider-dance-ID97827.aspx>

Simply Mambo – choreographed by Val Myers and Deana Randle (Absolute Beginner) (after Basics 1,4,5)
Music used: Papa Love Mambo by Perry Como
Teach https://www.youtube.com/watch?v=PzVF4_eyExQ
Dance @90% <https://www.youtube.com/watch?v=WB-lojZa9yQ>
Dance @100% with 1 wall walkthrough
<https://www.youtube.com/watch?v=ISE6l6QliFc>
Copperknob <https://www.copperknob.co.uk/stepsheets/simply-mambo-ID38616.aspx>

Lyin' To My Heart – choreographed by Yvonne Krause-Schenck (Absolute Beginner) (after Basics 1,2,5)
Teach <https://www.youtube.com/watch?v=gyb0PWJlfbI>
Dance with 1 wall walk-through
<https://www.youtube.com/watch?v=1S7kaEUhyag>
Copperknob <https://www.copperknob.co.uk/stepsheets/lyin-to-my-heart-ID83554.aspx>

Rita's Waltz – choreographed by Jo Thompson Szymanski (Absolute Beginner) (after Basics 1,7)
Music used: Tennessee Waltz by Anne Murray
Teach with 1/4 turn (and in the intro I misspeak and say the 3/4 turn is to the left, but it's to the right)
<https://www.youtube.com/watch?v=gtwFKZGlpvA>
Dance w 1/4 <https://www.youtube.com/watch?v=0P1fs8Pz9P8>
Teach w 3/4 https://www.youtube.com/watch?v=arfmI_IPP_g
Dance w 3/4 <https://www.youtube.com/watch?v=WbzEN2E9jns>

First Waltz – choreographed by Dee Musk (Absolute Beginner) (after Basics 1,7)
Teach https://www.youtube.com/watch?v=1_7iTpQixgE
Dance with 1 wall walk-through
<https://www.youtube.com/watch?v=-HrXekW1Lcw>
Copperknob <https://www.copperknob.co.uk/stepsheets/first-waltz-ID55094.aspx>

Sundance Shuffle (modified) – choreographer unknown (Absolute Beginner) (after Basics 1,2,3,5)
My modifications: replace last 8 counts with 16 counts of: vine right, vine left with 1/4 turn, hip bumps RLLRLRL
Music used: Uptown Funk by Bruno Mars
Teach <https://www.youtube.com/watch?v=iXgbBrMlpEk>
Dance with 1 wall walk-through
<https://www.youtube.com/watch?v=zHXw-FQVaqA>
Copperknob <https://www.copperknob.co.uk/stepsheets/sundance-shuffle-ID41213.aspx>

Stealing the Best – choreographed by Rosie Multari (Beginner) (after Basics 1,3,5,6)
Teach <https://www.youtube.com/watch?v=OCJmKYXebVU>
Dance @95% <https://www.youtube.com/watch?v=d0oAXsTV2Do>
Dance @100% with 1 wall walkthrough
<https://www.youtube.com/watch?v=jAnGUpvfzv0>
Copperknob <https://www.copperknob.co.uk/stepsheets/stealing-the-best--20th-anniversary-edition-ID40503.aspx>

OTHER DANCES, ALPHABETICALLY, AND WHERE THEY'VE BEEN TAUGHT

A Kind of Hush – choreographed by Juliet Lam (Beginner) (after Basics 1,6,8) Level 2

Teach <https://www.youtube.com/watch?v=gNVudEjMzwY>

Dance @95% <https://www.youtube.com/watch?v=Y4sFoObnjmE>

Dance @100% with 1 wall walkthrough

https://www.youtube.com/watch?v=7I5py5Xs_ko

Copperknob <https://www.copperknob.co.uk/stepsheets/a-kind-of-hush-ID104350.aspx>

Dance Monkey – choreographed by Alison Johnstone (Beginner) Level 2 and Zoom M/Th

Teach https://www.youtube.com/watch?v=Qfr_r0gf_sQ

Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=1B0RFQhBJII>

Copperknob <https://www.copperknob.co.uk/stepsheets/dance-monkey-ID135717.aspx>

Down the Road Apiece – choreographed by Frank Trace (Beginner) (after Basics 1,6) Level 2 and Zoom M/Th

Teach <https://www.youtube.com/watch?v=1tdztllbwj8>

Dancing <https://www.youtube.com/watch?v=Dfe0LEuafwY>

Music @ 92% and 97%

Copperknob <https://www.copperknob.co.uk/stepsheets/down-the-road-apiece-ID128726.aspx>

Gin & Tonic – choreographed by Kate Sala and Robbie McGowan Hickie (Beginner) Level 2 and Zoom M/Th

Teach (includes teach of a Monterey 1/4 turn)

<https://www.youtube.com/watch?v=92tL6IX9UHo>

Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=6hHDFp66OCU>

Copperknob <https://www.copperknob.co.uk/stepsheets/gin--tonic-ID96642.aspx>

Gypsy Queen – choreographed by Hazel Pace (Improver) Level 3 and Zoom M/Th/Fr

Teach <https://www.youtube.com/watch?v=JJPJmN3uRck>

Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=nZ5v6hOTudg>

Copperknob <https://www.copperknob.co.uk/stepsheets/gypsy-queen-ID111199.aspx>

I Close My Eyes – choreographed by Hazel Pace (High Beginner) Level 2&3 and Zoom M/Th/Fr

Teach <https://www.youtube.com/watch?v=EpA62-Z7e4A>

Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=-O5ITUuq1Pc>

Copperknob <https://www.copperknob.co.uk/stepsheets/i-close-my-eyes-ID124044.aspx>

Lonely Drum – choreographed by Darren Mitchell (Improver) Level 3 and Zoom M/Th

Teach <https://www.youtube.com/watch?v=A0VWbMdzlQU>

Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=8-jtcqwroUM>

Copperknob <https://www.copperknob.co.uk/stepsheets/lonely-drum-ID119005.aspx>

My Love Runs Out – choreographed by Regina Cheung (low intermediate) Zoom M/Th

Teach <https://www.youtube.com/watch?v=W2BpLBkPPhI>

Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=JDTTFWTIVqY>

Copperknob <https://www.copperknob.co.uk/stepsheets/my-love-runs-out-ID98044.aspx>

Oh Carol – choreographed by Anne Herd (Beginner) Level 2

Teach <https://www.youtube.com/watch?v=bfHreN9KqsM>

Dance with 1 wall walk-through

https://www.youtube.com/watch?v=b6Hz_LoPAIw
Copperknob <https://www.copperknob.co.uk/stepsheets/oh-carol-ID107424.aspx>

One Margarita Two – choreographed by Kathleen VanBuskirk (Beginner) Zoom M/Th
Three restarts have been added (with permission of choreographer). Walls 3 and 4 after 24 counts, wall 7 after 20 counts.

Teach https://www.youtube.com/watch?v=GvyiF7Ge_9A

Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=voGEVaRaGB0>

Copperknob <https://www.copperknob.co.uk/stepsheets/one-margarita-two-ID141168.aspx>

Playing With Fire – choreographed by Craig Bennett (Intermediate) Zoom Fri

Teach <https://www.youtube.com/watch?v=OKBNs6ltr0I>

Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=fBpRcwrrInY>

Copperknob <https://www.copperknob.co.uk/stepsheets/playing-with-fire-ID78324.aspx>

Stripes – choreographed by Peter Jones and Anna Lockwood (Beginner) Zoom M/Th

Teach <https://www.youtube.com/watch?v=ma8yv6lwiGM>

Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=RLvmHwtmm0w>

Copperknob <https://www.copperknob.co.uk/stepsheets/stripes-ID95212.aspx>

Sweet Attraction – choreographed by Kate Sala, Shelly Guichard and Dee Musk (Intermediate) Zoom Fri

2nd try Teach <https://www.youtube.com/watch?v=YfCPB4esVG8>

2nd try Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=2o6d9I9doQo>

Copperknob <https://www.copperknob.co.uk/stepsheets/sweet-attraction-ID139688.aspx>

1st try Teach <https://www.youtube.com/watch?v=mJ-y70qari4>

1st try Dance without turns (uses a nightclub to remove the 3/4 turns, newer version uses mambo 1/4)

<https://www.youtube.com/watch?v=2X9W1sz7L34>

1st try Dance with turns

<https://www.youtube.com/watch?v=JLZIV06Qtaw>

The Evening News Waltz – choreographed by Double Trouble (Improver) Levels 2 & 3 and Zoom M/Th

Teach <https://www.youtube.com/watch?v=dAD8k6p8ytM>

Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=wHvQi4dC484>

Copperknob <https://www.copperknob.co.uk/stepsheets/the-evening-news-waltz-ID120665.aspx>

We Only Live Once – choreographed by Anna Korsgaard & Kirsten Hansen (Beginner) Level 2

Teach <https://www.youtube.com/watch?v=HiJTPovIIA4>

Dancing <https://www.youtube.com/watch?v=8vUHGfNs4Mo>

Music @ 90% and 97%

Copperknob <https://www.copperknob.co.uk/stepsheets/we-only-live-once-ID101373.aspx>

When You Smile – choreographed by Jose Miguel Belloque Vane (Beginner) Level 2 and Zoom M/Th

Teach https://www.youtube.com/watch?v=QTIH_fKe3yY

Dance with 1 wall walk-through

<https://www.youtube.com/watch?v=OgRCB4CjmuY>

Copperknob <https://www.copperknob.co.uk/stepsheets/when-you-smile-ID136199.aspx>

You Look Good - choreographed by Rick Dominguez (High Beginner) Level 2 and Zoom M/Th

Teach (includes teach of a shuffle 1/2 turn)

<https://www.youtube.com/watch?v=BgYCN7xCJ8>

Dance with 1 wall walk-through

Copperknob https://www.youtube.com/watch?v=Z9buw7y_hrE
<https://www.copperknob.co.uk/stepsheets/you-look-good-ID115978.aspx>

THOROUGH TEACHES BY OTHER PEOPLE OF DANCES WE'VE DONE

When You Smile

<https://www.youtube.com/watch?v=Mixri20Qglo>

Come Dance With Me

https://www.youtube.com/watch?v=iOdK0_Jgp14

Dance Monkey

<https://www.youtube.com/watch?v=i551rTS-otg> / <https://www.youtube.com/watch?v=4fuliH3sAEk>

Dance Monkey (taught by choreographer)

<https://www.youtube.com/watch?v=3lrfeYEUYQs>

Un Trocito Del Cielo (taught by choreographer)

https://www.youtube.com/watch?v=oJ4dmE6lau8&feature=emb_logo

Sweet Attraction – (taught by choreographer)

https://www.youtube.com/watch?time_continue=1&v=rK_pqSeDHoY&feature=emb_logo

QUICK CONTENT GUIDE

Date Posted	Level	Dance
Jul 22	B	A Kind of Hush
Jul 31	AB	Ah Si!
Aug 19	B	Dance Monkey
Jul 14	B	Down the Road Apiece
Aug 17	AB	First Waltz
Aug 4	B	Gin & Tonic
Aug 4	Imp	Gypsy Queen
Aug 4	Imp	I Close My Eyes
Jul 21	AB	Itsy Bitsy Spider
Jul 26	Imp	Lonely Drum
Aug 4	AB	Lyin' To My Heat
Jul 29	AB	Mamma Maria
Aug 4	Imp	My Love Runs Out
Aug 19	B	Oh Carol
Aug 4	B	One Margarita Two
Jul 26	Int	Playing With Fire
Jul 22	AB	Rita's Waltz 1/4
Jul 22	Imp	Rita's Waltz 3/4
Jul 22	AB	Simply Mambo
Jul 20	B	Stealing the Best
Aug 4	B	Stripes
Jul 25	AB	Sundance Shuffle (modified)
Aug 17	Int	Sweet Attraction
Jul 17	AB	The Continental
Aug 19	Imp	The Evening News Waltz
Jul 18	B	We Only Live Once
Aug 19	B	When You Smile
Aug 4	B	You Look Good