

Old Time Rock and Roll

Description: 32 counts, 4 walls, beginner line dance

Choreographer: Unknown (Carole brought back from U.S.)

Music: **Old Time Rock and Roll** by Bob Seeger

16 count intro, no tags or restarts

Cross-rock, triple, cross-rock, triple

1 2 3&4 Cross-rock R over L, recover, triple R-L-R

5 6 7&8 Cross-rock L over R, recover, triple L-R-L

Basketball turn, shuffle forward x2

1 2 3 4 Step forward R, half turn left, step forward R, half turn left

5&6 7&8 Shuffle forward R-L-R, L-R-L

Forward rock, shuffle back x2, back rock

1 2 3&4 Rock forward R, recover, shuffle back R-L-R

5&6 7 8 Shuffle back L-R-L, rock back R, recover

Vine right, vine left w ¼ turn

1 2 3 4 Vine right with touch

5 6 7 8 Vine left with ¼ turn left and touch